

Forest Ridge Community Club

Swimming Pool Rules

GENERAL:

The following rules are for the health, safety and comfort of the members. Full cooperation in observing and enforcing them is considered a responsibility of membership in the Club. Each parent should read and familiarize himself, his child and guests with them. Under no circumstances should parents instruct a child to disregard a lifeguard. Infractions should be reported to the Board of Directors and can result in the suspension and/or termination of privileges or membership.

RULES OF BASIC RESPONSIBILITY:

- 1) One may use the pool only when an approved lifeguard is on duty. Pool hours are from 9:00 a.m. to 9:00 p.m.
- 2) The lifeguard is in complete charge of the pool premises and is fully authorized to enforce all rules. The lifeguard or pool manager may eject any person from the pool if he or she is not complying with **all** rules and regulations of the pool, either written or implied. Discipline problems will be handled by the Board and disciplinary action taken by the Board will be handled on an individual basis. A second chance should not be assumed.
- 3) Parents, whether present or not, are responsible for children using the pool facilities.
- 4) **Children 10 years old who have completed the fourth grade** and have passed Red Cross Level III and an equivalent test given by a Forest Ridge Community Center lifeguard, will be given an adult swimmer's badge and be allowed at the pool without a parent. Swim tests will be conducted at the beginning of the season. They must sign in with the lifeguard and provide an active emergency number. There is a two-hour limit to unsupervised children at the pool. Discipline guidelines will be strictly enforced. The Board has set the following policy regarding children's behavior at the pool:

If a child is violating a pool rule or misbehaving in some way, the lifeguard will give the child two warnings. If the behavior continues, that person will be asked to leave and the parents will be contacted by the Swimming Director. If a second incident with the same member occurs during the summer, he/she will be sent home and their badge recalled for a few days. If a third incident should occur, the member's pool privileges will be revoked for an extended period of time that will be at the Board's discretion to determine.
- 5) Children with non-swimmer badges must be closely supervised by someone 15 years or older at all times in the pool area. Those not following these rules will be directed to leave. This rule also applies to siblings.
- 6) Parents who find it necessary to employ a "non-member sitter" (15 years plus) on a regular basis due to member's employment, will submit to the Board a letter requesting a sitter. Non-member sitters must adhere to all pool club rules. A "sitter's pass" can be purchased in addition to your yearly membership at a cost of \$10.

- 7) Guests must be accompanied by a member. The guest is subject to all rules and his conduct is the direct responsibility of the member.
- 8) Children 12 years old or having completed the 6th grade are able to bring guests of the same age without parental supervision with a time limit of 2 hours. Discipline guidelines will be strictly enforced.
- 9) Tampering with or defacing equipment or property is forbidden. Damages will be charged to the responsible person.
- 10) Every precaution will be taken for the safety of all concerned, but the Forest Ridge Community Club, Inc. is not responsible for accidents of any kind, loss or damage to personal property.
- 11) Forest Ridge Community Club, Inc. reserves the right to suspend or cancel at any time pool privileges of any person not complying with all rules and regulations.

HEALTH AND SAFETY RULES:

- 1) No unnecessary talking to the lifeguard while he or she is on duty.
- 2) Before entering the pool, all bathers are required to take a hot soap and water shower.
- 3) No person with a cough, fever, skin disease, open sores, etc., or wearing a bandage is permitted to swim in the pool.
- 4) Children in diapers or those not toilet trained are not permitted in the pool without the use of swim diapers. Toddler wading pool is for the use of young children only and adult supervision is provided by the parent of the child using the pool.
- 5) Swimming suits are the only legitimate swimming apparel. Cut-off slacks and/or shorts are not permitted.
- 6) Nothing shall be taken into the pool that might pollute the water or is hazardous to swimmers.
- 7) No pets are allowed in the pool or pool area.
- 8) Persons with long hair do not have to wear bathing caps if hair is tied back. Hair pins, barrettes, etc., should be removed before entering the pool as the hair clogs the drains.
- 9) No glass or other breakable objects are allowed in the pool. For safety reasons no glass are permitted on the pool deck. Please use plastic cups. This will be strictly enforced.
- 10) Running, pushing or horseplay (towel snapping, spitting, etc.) are not permitted and will be strictly enforced.
- 11) Unorganized racing, tag or games are not permitted when they interfere with the safety or enjoyment of others. Such activities must be stopped at the request of the lifeguard.
- 12) Extreme caution is required in the use of the diving board. Only one person is allowed on the board at a time. Each diver should look before diving and upon completion of his dive should clear the diving board area for the next diver.
- 13) In the diving area, dive only from the diving board side of the pool.
- 14) Only one (1) bounce is allowed on the diving board.
- 15) The lifeguard will not take telephone messages or answer the telephone for members while on duty. The telephone is for emergency use only.

OPERATIONAL RULES:

- 1) All members using the pool must be identified by an approved badge visibly attached to their bathing suits. Members without a badge will not be allowed in pool area. Members' badges are not transferable. Periodic badge checks will occur!
- 2) A guest, accompanied by a member, must register with the lifeguard and secure a dated, color-coded wrist badge.
- 3) Food and/or drink is not allowed in the pool. **No glass containers allowed in the pool or pool area.** Please be sure to clean your table and dispose of garbage in the trash cans. Extra garbage bags, as needed are available in the shed on the pool deck.
- 4) Children's toys and playpens are not permitted in the pool area. Strollers may be allowed at the discretion of the lifeguard but must be placed directly next to the fence out of the way.
- 5) No hanging from the rope in the pool.
- 6) Pool play equipment shall be confined to small rings, beach balls, fins, masks and snorkels. (Masks and/or snorkels, due to safety implications, are up to the discretion of the lifeguard.) Pool play equipment should be approved by the lifeguard prior to being taken into the pool.
- 7) All cigarettes and/or litter should be disposed of properly.
- 8) Pump room, attic and storage closet are for the lifeguard/manager use only.
- 9) Illegal substances are not allowed on Forest Ridge Community Club property.
- 10) POOL CLOSSES PROMPTLY AT 9:00 P.M.

It is a member's responsibility not only to follow the above rules, but also immediately advise the lifeguard when they identify violations.

GUEST REGULATIONS:

- 1) Guests will be allowed during weekdays and weekends.
- 2) Members will be allowed to entertain up to four guests on any day or one guest family.
- 3) All guests must be accompanied by a member and register with the lifeguard before entering the pool.
- 4) No guest will be allowed more than three visits per season, unless permission has been obtained in advance.
- 5) Guest fees are as follows:
 - \$2.50 per individual per day;
 - \$5.00 per family per day;
 - \$10.00 per family per weekend;
 - \$15.00 per family per week* (3 or more guests); and
 - \$7.00 per individual per week.**Weekly rate fees are intended solely for the use of out-of-town guests.

GUEST PROCEDURES:

- 1) Upon entering the pool area, the member will take the guest to lifeguard.
- 2) The lifeguard will assign a dated, color-coded wristband to each guest. This band is good for the day issued only. The band should be cut off and thrown away at the end of the day.
- 3) Members will be billed during the next dues billing cycle for current season guest charges.

POOL RENTAL:

Forest Ridge Community Center adult members may rent the pool for a \$60 fee for one evening from 8:30 p.m. to 11:00 p.m. for a private party (35 people per lifeguard and \$30.00 for each extra lifeguard). The pool may also be rented on Sundays during the month of August only from 10:00 AM -12:00 noon. The pool may not be rented for any private parties on Family Fun Day.

Arrangements should be made through the Social Director. This opportunity is made available to our members for their personal enjoyment and does not permit said individual to charge his guest an admission fee.