

# Forest Ridge Community Club

## Swimming Pool Rules

### GENERAL:

The following rules are for the health, safety and comfort of the members. Full cooperation in observing and enforcing them is considered a responsibility of membership in the Club. Each parent should read and familiarize himself, his child and guests with them. Under no circumstances should parents instruct a child to disregard a lifeguard. Infractions should be reported to the Board of Directors and can result in the suspension and/or termination of privileges or membership.

### RULES OF BASIC RESPONSIBILITY:

- 1) One may use the pool only when an approved lifeguard is on duty. Pool hours are from 1p.m.-9p.m. until the third week in June and 9:00 a.m. to 9:00 p.m. the rest of the season. Adult swim (16 years and older) is every day from 6-6:30pm.
- 2) The lifeguard is in complete charge of the pool premises and is fully authorized to enforce all rules. The lifeguard or pool manager may eject any person from the pool if he or she is not complying with **all** rules and regulations of the pool, either written or implied. Discipline problems will be handled by the Board and disciplinary action taken by the Board will be handled on an individual basis. A second chance should not be assumed.
- 3) Parents, whether present or not, are responsible for children using the pool facilities.
- 4) **Children 10 years old who have completed the fourth grade** and have passed Red Cross Level III and an equivalent test given by a Forest Ridge Community Center lifeguard, be allowed at the pool without a parent. Swim tests will be conducted throughout the season by the lifeguard. There is a two-hour limit to unsupervised children at the pool. Discipline guidelines will be strictly enforced. The Board has set the following policy regarding children's behavior at the pool:

If a child is violating a pool rule or misbehaving in some way, the lifeguard will give the child two warnings. If the behavior continues, that person will be asked to leave and the parents will be contacted by the Swimming Director. If a second incident with the same member occurs during the summer, he/she will be sent home and their member bracelet recalled for a few days. If a third incident should occur, the member's pool privileges will be revoked for an extended period of time that will be at the Board's discretion to determine.
- 5) **Children under the age of 10** must be closely supervised by someone **15 years or older** at all times in the pool area. Those not following these rules will be directed to leave. This rule also applies to siblings.
- 6) Parents who find it necessary to employ a "non-member sitter" (15 years plus) on a regular basis due to member's employment, will submit to the Board a letter requesting a sitter. Non-member sitters must adhere to all pool club rules. A "sitter's pass" can be purchased in addition to your yearly

membership at a cost of \$10.

- 7) Guests must be accompanied by a member. The guest is subject to all rules and his conduct is the direct responsibility of the member.

### **GUEST REGULATIONS:**

- A. Members will be allowed to entertain up to four guests on any day or one guest family.
- B. All guests must be accompanied by a member and register with the lifeguard before entering the pool.
- C. No guest will be allowed more than three visits per season, unless permission has been obtained in advance.
- D. Guest fees are as follows:
  - \$2.50 per individual per day;
  - \$5.00 per family per day;
  - \$10.00 per family per weekend;
  - \$15.00 per family per week\* (3 or more guests); and
  - \$7.00 per individual per week.\*\*Weekly rate fees are intended solely for the use of out-of-town guests.  
\$20.00 for package of 10 guest bracelets, limit one per family per season. Contact Karen Muncey (Membership) to obtain.

### **GUEST PROCEDURES:**

- A. Upon entering the pool area, the member will take the guest to lifeguard. The lifeguard will assign a color-coded wristband to each guest. This band is good for the day issued only. The band should be cut off and thrown away at the end of the day.
  - B. Members will be billed during at the end of the season for current season guest charges.
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- 8) Children 12 years old or having completed the 6<sup>th</sup> grade are able to bring guests of the same age without parental supervision with a time limit of 2 hours. Discipline guidelines will be strictly enforced.
  - 9) Tampering with or defacing equipment or property is forbidden. Damages will be charged to the responsible person.
  - 10) Every precaution will be taken for the safety of all concerned, but the Forest Ridge Community Club, Inc. is not responsible for accidents of any kind, loss or damage to personal property.
  - 11) Forest Ridge Community Club, Inc. reserves the right to suspend or cancel at any time pool privileges of any person not complying with all rules and regulations.

### **HEALTH AND SAFETY RULES:**

- 1) No unnecessary talking to the lifeguard while he or she is on duty.
- 2) No person who is ill, with a cough, fever, skin disease, open sores, etc., is permitted to swim in the pool.
- 3) Children in diapers or those not toilet trained are not permitted in the pool without the use of swim diapers.
- 4) Swimming suits are the only legitimate swimming apparel. Cut-off slacks and/or shorts are not permitted.
- 5) Nothing shall be taken into the pool that might pollute the water or is hazardous to swimmers.
- 6) No pets are allowed in the pool or pool area.
- 7) Hair pins, barrettes, etc., should be removed before entering the pool as the hair clogs the drains.
- 8) No glass or other breakable objects are allowed in the pool. For safety reasons no glass are permitted on the pool deck. Please use plastic cups. This will be strictly enforced.
- 9) Running, pushing or horseplay (towel snapping, spitting, etc.) are not permitted and will be strictly enforced.
- 10) Unorganized racing, tag or games are not permitted when they interfere with the safety or enjoyment of others. Such activities must be stopped at the request of the lifeguard.
- 11) Extreme caution is required in the use of the diving board. Only one person is allowed on the board at a time. Each diver should look before diving and upon completion of his dive should clear the diving board area for the next diver.
- 12) In the diving area, dive only from the diving board side of the pool.
- 13) Only one (1) bounce is allowed on the diving board.
- 14) The lifeguard will not take telephone messages or answer the telephone for members while on duty. The telephone is for emergency use only.

### **OPERATIONAL RULES:**

- 1) All members using the pool must be identified by an approved member bracelet. Members without a member bracelet will not be allowed in pool area. **Members' bracelets are not transferable.** Periodic member bracelet checks will occur!
- 2) Lost bracelets will be replaced for a \$5 fee. Contact Karen Muncey (Membership) to replace lost bracelet.
- 3) A guest, accompanied by a member, must register with the lifeguard and secure a color-coded wrist member bracelet.
- 4) Food and/or drink is not allowed in the pool. **No glass containers allowed in the pool or pool area.** Please be sure to clean your table and dispose of garbage in the trash cans. If extra garbage bags are needed see lifeguard.
- 5) Children's toys and playpens are not permitted in the pool area. Strollers may be allowed at the discretion of the lifeguard but must be placed directly next to the fence out of the way.
- 5) Pool play equipment shall be confined to small rings, beach balls, fins, masks and snorkels. (Masks and/or snorkels, due to safety implications, are up to the discretion of the lifeguard.) Pool play equipment should be approved by the lifeguard prior to being taken into the pool.
- 6) All cigarettes and/or litter should be disposed of properly.

- 7) Pump room, attic and storage closet are for the lifeguard/manager use only.
- 8) Illegal substances are not allowed on Forest Ridge Community Club property.
- 9) POOL CLOSSES PROMPTLY AT 9:00 P.M.

It is a member's responsibility not only to follow the above rules, but also immediately advise the lifeguard when they identify violations.

### **INCLEMENT WEATHER:**

The Forest Ridge Community Club pool may close from time to time, based on possible unsafe weather conditions or situations, or when weather conditions are so poor that the likelihood of swimmers is very small. The closure of the of the pool is at the discretion of the lifeguard or board of directors. The Forest Ridge Pool may close (but is not limited to) due to the following reasons:

1. The pool will be evacuated in the event of either thunder or lightning, as recommended by the American Red Cross. The pool will remain empty for 20 minutes after the last occurrence of thunder or lightning. The pool may close for the remainder of the day or to the next check point if the thunder or lightning continues for one hour or more.

2. The pool will close under the following bad weather conditions, based on recommendations by the American Red Cross, and on the low likelihood of swimmers at the pool:

- A. If it is consistently raining for more than one hour, or hard enough that the Lifeguard staff are unable to clearly see the bottom of the pool.

- B. If either the temperature or the wind chill factor is at or below 60 degrees fahrenheit.

In bad weather conditions, an assessment of the weather and whether the pool will reopen will be made several times during the day at each guard change, which are at 9:00 AM, 1:00 PM and 5:00 PM.

### **POOL RENTAL:**

Forest Ridge Community Center adult members **may rent the pool for a \$60 fee** for one evening from 8:30 p.m. to 11:00 p.m. for a private party (35 people per lifeguard and \$30.00 for each extra lifeguard). The pool may also be rented on Sundays from 10:00 AM -12:00 noon. The pool may not be rented for any private parties on Family Fun Day.

Arrangements should be made through the Social Director. This opportunity is made available to our members for their personal enjoyment and does not permit said individual to charge his guest an admission fee. See "Guidelines for Pool Rental" for more information.

(Updated April 2011)